

Leadership Mecosta 5K Run / Walk

Sponsored by Leadership Mecosta

REGISTRATION

Registration / Check-in: 9:00 a.m. – 9:45 a.m.

Shot Gun Start: 10:00 a.m.

When: Saturday, September 4, 2010

Address: 500 N. Warren Street Big Rapids, MI 49307

Complete the simple registration form below (don't forget your T-shirt size), print it and mail to:

Big Rapids Recreation
226 N. Michigan Ave
Big Rapids, MI 49307
231.592.4038

Information

This event is for everyone including new and experienced walkers and runners. The run is approximately 5K and is not certified. The course is flat including some off terrain surfaces of grass and bridges on the Riverwalk. Food and refreshments will be provided for all participants. This event also coincides with the Big Rapids Riverdays activities including children and adult entertainment. Proceeds will be split between the Leadership Mecosta program and another non-profit organization.

Last Name

First Name

Street Address

City/Town

State

Zip

Phone Number (best way to reach you)

Date of Birth

Age on day of race

Shirt Size (circle one): S M L XL XXL

Gender: M F

Registration Fee: Postmarked
Before 8.29.10
\$12.00

Postmarked
After 8.30.10
\$15.00

Payment options

Cash

Check Payable to: **Leadership Mecosta/LM5K**

Signature (Parental Signature Required For Participant Under Age of 18)

www.lm5k.org

Fax Your Registration ANYTIME 231.592.4059