

Big Rapids Jump Start

Gymnastics, Tumbling, Dance & More

2011 Classes

Location: Brookside Elementary

Coordinator: Niccole Benedict (BRHS Cheer Coach)

Session One: Sept. 21 — Oct. 29
(6 weeks)

Cost: \$40 (\$50 non-resident)

\$10 Sibling Discount

Session Two: Nov. 2 — Dec. 10

No Class: Nov. 9, 10, 23, 24 or 26

(5 weeks)

Cost: \$35 (\$45 non-resident)

\$10 Sibling Discount



	Wednesday	Thursday	Saturday
Parent Tot	5:00 pm– 5:45 pm	5:00 pm– 5:45 pm	9:30 am—10:15 am
Program number	(PT101)	(PT102)	(PT103)
Tumble Weeds	5:00 pm– 5:45 pm	5:00 pm– 5:45 pm	9:30 am—10:15 am
Program number	(TW101)	(TW102)	(TW103)
Rising Stars	5:45 pm– 6:30 pm	5:45 pm– 6:30 pm	10:15 am—11:00 am
Program number	(RS101)	(RS102)	(RS103)
Kinder Stars	5:00 pm–6:30pm	5:00 pm–6:30pm	9:30 am—11:00 am
Program number	(KS101)	(KS102)	(KS103)

Choose the program day and time the participant will attend. On registration form, indicate corresponding program number and session attending.

Class size minimum 5.

Parent Tot- 2 years old to 3 years old

With the participation of a parent/guardian students will explore with music, color, jumping, swinging and rolling.

Introduces basic motor skills and socialization skills.



Tumble Weeds-3 years old

Develops motor skills with fun, safe and social activities geared towards children. Scarves, beanbags, hoops and music are used. (A child not comfortable without a parent/guardian is recommended to participate in the Parent Tot Class.)

Rising Stars- 4 year old

Basic gymnastic skills will be incorporated with developmentally appropriate activities. Scarves, beanbags and hoops develop hand eye coordination. Incorporating correct positions as well as safety when jumping, rolling, swinging, cart wheeling and landing.

Kinder Stars- 5 year old

Students will continue to learn gymnastics skills with developmentally appropriate activities that incorporate rolls and cartwheels. An emphasis is placed on gymnastics positions and safe landings.

TO REGISTER

Mail or drop off registration form
and payment to:

City of Big Rapids
Recreation Department
226 N. Michigan Ave.
Big Rapids, MI 49307

For more information call the
Recreation Department 231-592-4038

